Carsten Ørting Andersen

Head of several educational and therapeutic farms and institutions since 1996

Took part in EU COST 866 about Green Care in 2008 & 2009

Have participated in a number of international conferences on Green Care and farming as an educational frame.

Blogger and consultant within Green Care www.groenomsorg.dk since 2011

Chairman of the Danish Green Care Netværket http://www.greencarenetvaerk.dk/

Grøn Omsorg/v Carsten Ørting Andersen Maj 2018
The Biophilia Hypotesis E.O Wilson
ATTENTION RESTORATION THEORI ART RACHEL & STEPHEN KAPLAN

Soft effortless attention / Directed attention – Cognitive control processes.
Diversity in Green Care

Ringsted produktionshøjskole

Grow / New Roots - Ringsted

Dalene Gård Norge
Pedagogic inputs for work with special client groups.
Stress

- Self – Harm Behavior
- Elective mutisme
- Anorexia and other eating disorders
- Utilization behavior
- Outward behavior
- anxiety
- Depression
- Psychotic symptoms

Symptoms and method

Bo Hejlskov Elven / DK

Predictability
Complicity
Low arousal
Sensory aids
Physical framework
Low Arousal
The common third
MIRROR NEURONS

Explore mirroring, using animals in the therapy.
Relationship-based experiential learning in practical outdoor tasks

Linda Jolly and Erling Krogh – University of Life Science - Norway
Three steps in the rehabilitation of people with major challenges

- Nature walks
- Therapi with animals
- Garden work
Communikation with images as part of thorough preparation

www.pictoselector.eu
Repeat and concretes

Extension of the mastering zone
SEASONAL CELEBRATIONS
What does farming offer the educational and occupational practice?

- Community on concrete meaningful tasks
- Tasks that anyone can master
- A community with certain values
Grants from Green Care to the educational and occupational therapy

- Attention, contact, relationship
- Direction and focus
- Courage and mastering
Mastering
Direction
Courage
Thank you so much for our time together

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See you 😊