



Carsten Ørting Andersen



Grøn Omsorg



GREEN
CARE
NETVÆRKET

Head of several educational and therapeutic farms and institutions since 1996

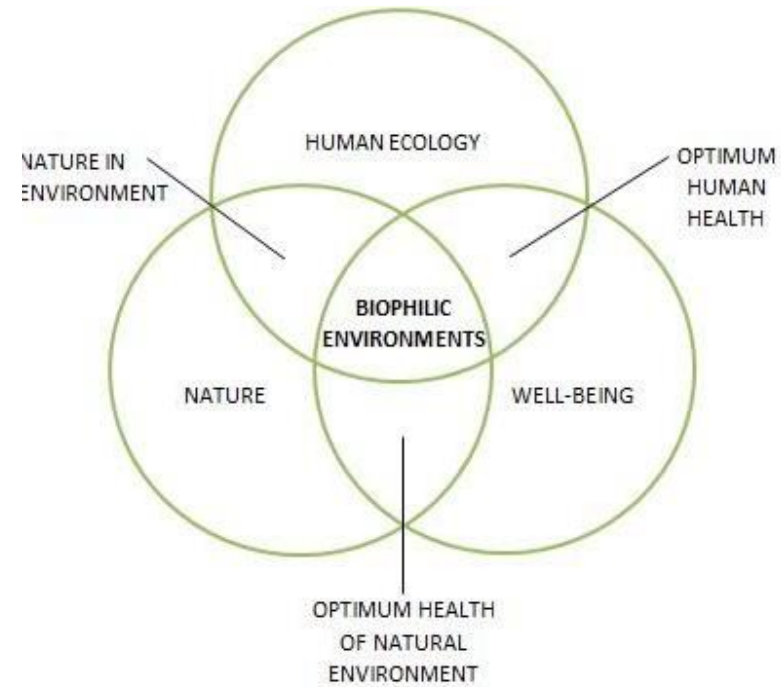
Took part in EU COST 866 about Green Care in 2008 & 2009

Have participated in a number of international conferences on Green Care and farming as an educational frame.

Blogger and consultant within Green Care www.groenomsorg.dk since 2011

Chairman of the Danish Green Care Netværket <http://www.greencarenetvaerk.dk/>





The Biophilia Hypothesis E.O Wilson



ATTENTION RESTORATION THEORI ART RACHEL & STEPHEN KAPLAN

Soft effortless attention /
Directed attention –
Cognitive control
processes.



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Diversity in Green Care



Ringsted produktionshøjskole



Grow / New Roots - Ringsted



Dalene Gård Norge

Pedagogic inputs for work with special client groups.

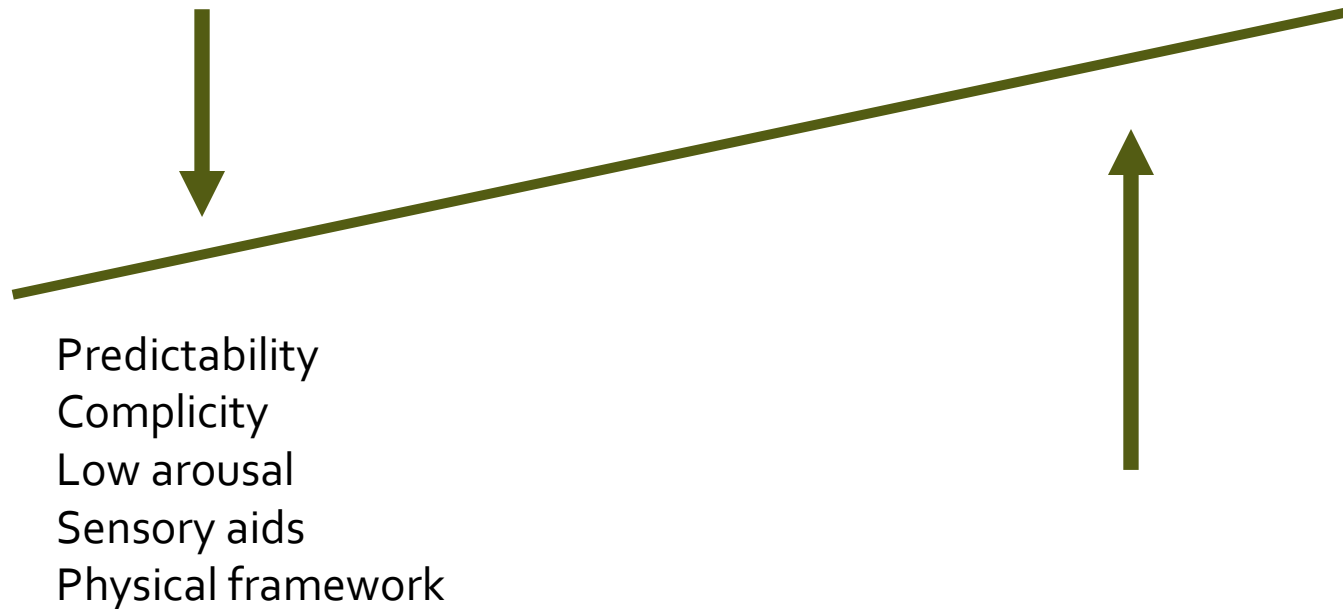


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Symptoms and method

Bo Hejlskov Elven / DK

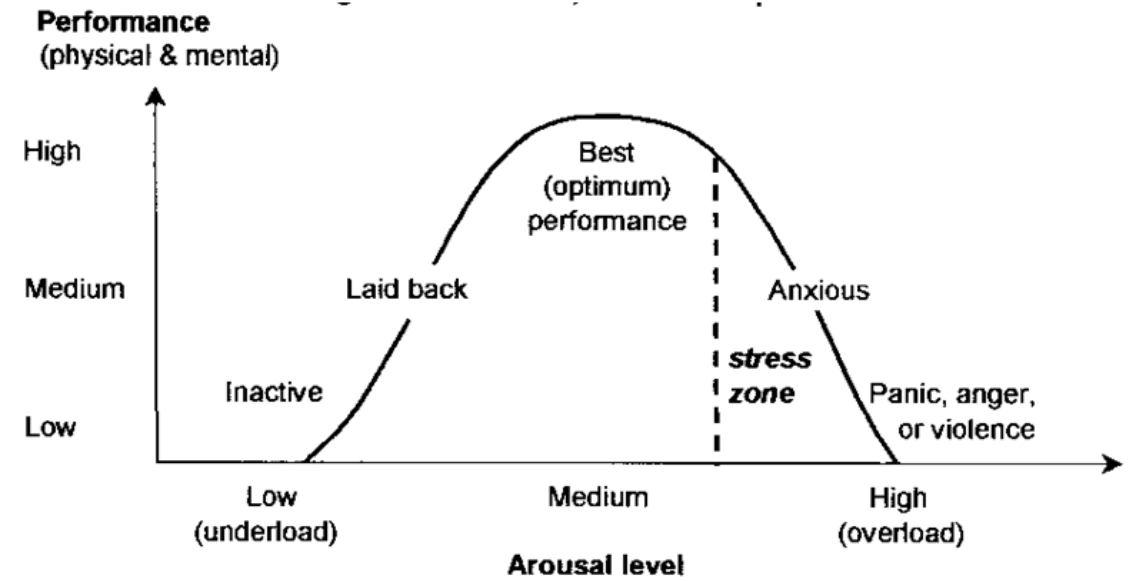
Stress



- Self – Harm Behavior
- Elective mutisme
- Anorexia and other eating disorders
- Utilization behavior
- Outward behavior
- anxiety
- Depression
- Psychotic symptoms



Low Arousal
The common third





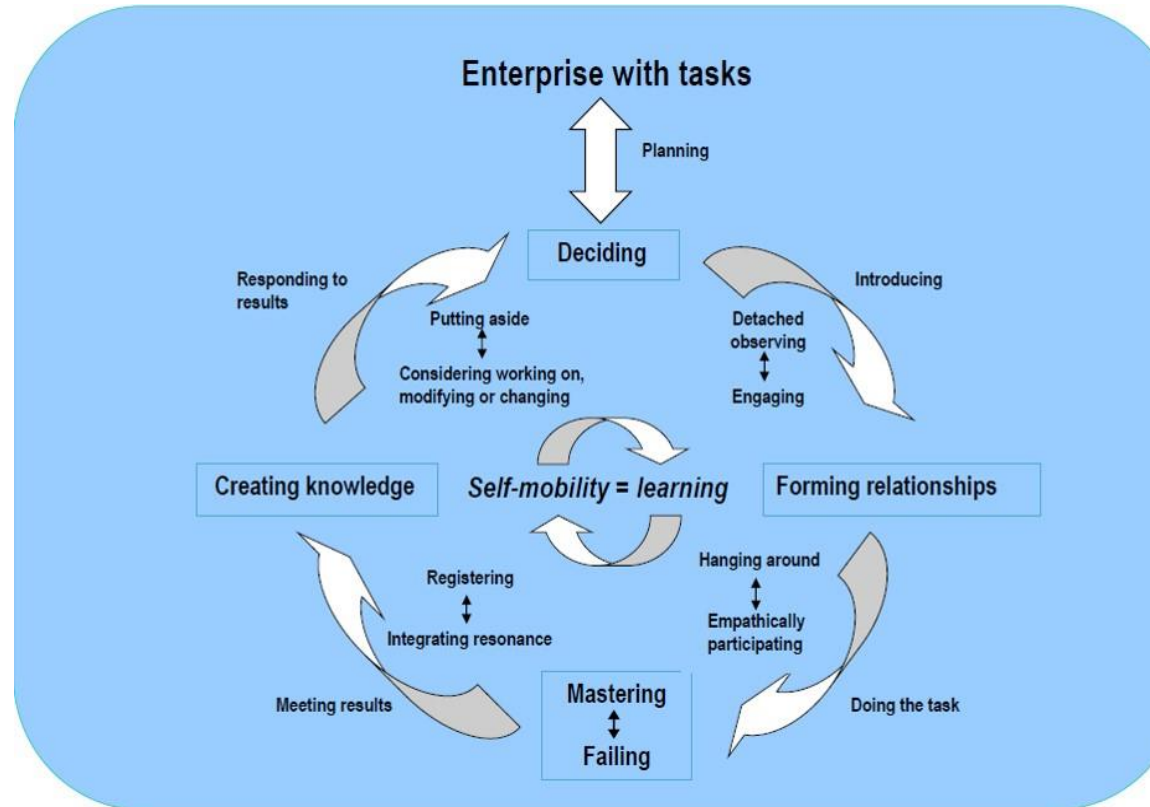
**I yawn.
You yawn.**

MIRROR NEURONS

Explore mirroring, using animals in the therapy.



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Relationship-based experiential learning in practical outdoor tasks

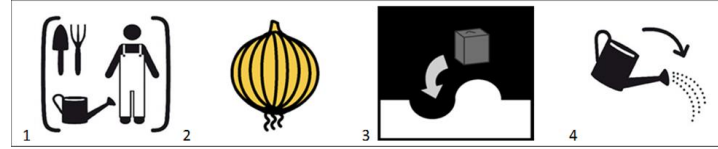
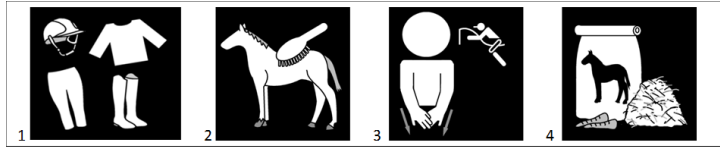
Linda Jolly and Erling Krogh – University of Life Science - Norway



Three steps in the rehabilitation of people with major challenges

- Nature walks
- Therapi with animals
- Garden work





Communication with
images as part of
thorough preparation

www.pictoselector.eu

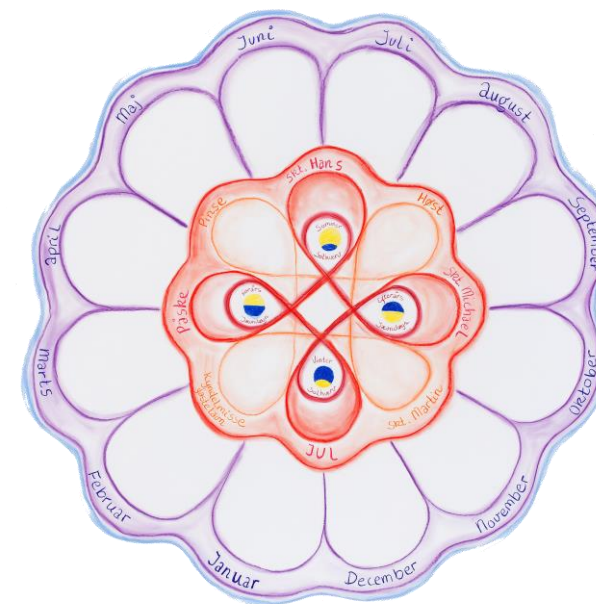
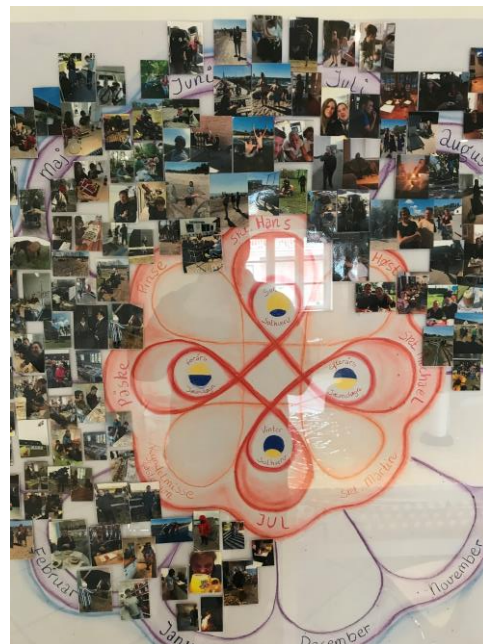




**Repeat
and
concretes**
Extension of the
mastering zone



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SEASONAL CELEBRATIONS



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What does farming offer the educational and occupational practice?

Community on concrete meaningful tasks

Tasks that anyone can master

A community with certain values





Grants from Green Care to the educational and occupational therapy

Attention, contact, relationship

Direction and focus

Courage and mastering



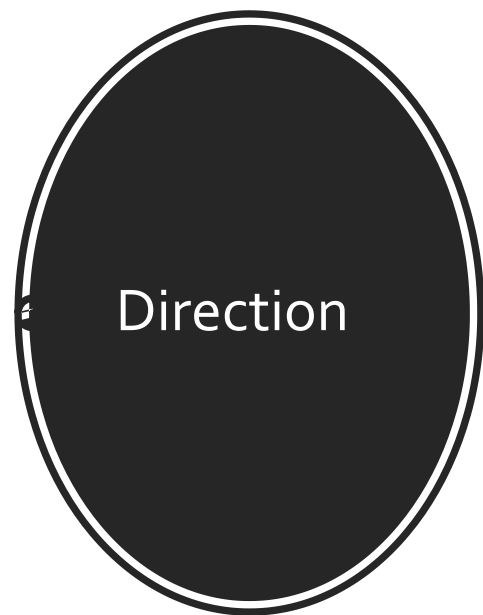
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Mastering



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Caring



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Thank you so much for our time together

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See you 😊



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